

## Cruise Travel Essentials:

### Travel Documents, Wallet Items & Paperwork

- Airline tickets or e-ticket confirmation
- Cruise documents
- Passports and visas (if necessary) or proof of citizenship (check with your cruise line for requirements)
- Vaccination certificate (if required)
- Driver's license and auto insurance card - in case you decide to rent a car when ashore
- Medical insurance cards and medical history (especially if traveling alone)
- Copy of prescriptions and list of all medicines you are taking
- Another picture ID - if you don't take driver's license
- Credit cards - be sure to call credit card companies before traveling to alert them you are traveling outside your normal area
- ATM card
- Pre-paid phone card
- Cash or traveler's checks (be sure to keep traveler's checks receipt in separate location)
- 3 copies of airline tickets, cruise tickets, passports/visas, itinerary - pack 1 copy in carry on, 1 copy in checked luggage, and leave one copy with someone at home
- Contact numbers to report lost/stolen credit cards or traveler's checks
- Emergency numbers at home
- Currency conversion chart
- Wallet and fanny pack
- Watch - dual time zone watch is perfect!

### Reading Materials and Necessities

- Glasses, contact, contact cleaner
- Extra reading glasses
- Sunglasses
- Reading sunglasses
- Guidebooks and other port of call information
- Foreign language phrase book or dictionary
- Maps
- Reading material - books to read while on the plane or lounging by the pool
- Journal or notebook and pen/pencil - for making notes to tell your friends back home about your experiences
- Business cards with email address to give out to new cruise friends
- Home and email addresses of friends/relatives back home - for sending postcards, emails, or gifts
- Photo album

### Electronics and Camera Equipment

- Plug adaptor and converter
- Cell phone and charger
- PDA and charger
- Laptop computer
- Binoculars
- Film camera and manual
- Extra film (don't put undeveloped film in checked luggage)
- Disposable underwater camera - for snorkeling or beach days
- Digital camera and manual
- Extra memory cards for digital camera
- Batteries for digital camera
- Battery charger
- Extension cord/power strip with multiple plug-ins
- iPod of MP3 player (for walking on deck or on treadmill)
- Small travel alarm clock - battery operated
- Lighted dial clock for cruise ship cabin
- Small flashlight
- Night light

### Medicine Kit

- Prescription drugs and any other essential medications in carry on bag
- Ear plugs or "ear planes"
- Small first aid kit (band aids, Q-tips, vaseline, dramamine, antibiotic cream, bandages, anti-diarrheal medication, cortisone)
- Cream, aspirin/tylenol/advil)
- Germicidal hand cleaner
- Handi-wipes (for cleaning hands when ashore)
- Hand lotion
- Rubbing alcohol or foot lotion for soothing tired, hot feet
- Bug spray (not for your cabin on the ship, but for those pesky mosquitoes and "nonos" ashore)
- Sun screen/sun block and lip sunblock

### Other Necessities

- Duct tape or strapping tape
- Extra plastic cable-lock ties for securing luggage for return trip (better than locks, but one-time use only)
- Extra luggage name tags (in case yours are lost on the outbound trip)
- Zip loc bags of all sizes and garbage/laundry bags
- Small umbrella
- Collapsible travel pillow for those long airplane flights
- Crazy glue
- Playing cards
- Sports gear (e.g. snorkeling gear)
- Shoe horn for getting those shoes back on your swollen feet
- Sewing kit and scissors (pack in checked luggage)
- Travel-sized Woolite
- Clothes pins
- Empty folding tote bag - for souvenirs or the beach
- Hats/caps/visors
- Insulated large coffee mugs

## Women's Packing List:

### Clothing

- Bras (include strapless if needed for evening wear)
- Panties
- Lingerie/night gown/pajamas/robe
- Compression stockings (for airplane flight to prevent swollen ankles)
- Exercise/walking socks
- Trouser socks or pantyhose
- Camisole/slip
- Purses (day and evening)
- Belts
- Scarves
- Gloves and stocking cap(if expect cold weather)
- Walking shoes
- Walking sandals
- Rubber sandals for reef walking and beach
- Evening shoes
- Costume jewelry and extra watch
- Swim suit
- Swim suit cover-up/pareo/sarong
- Thongs/flip flop shoes
- Work out clothes and jog bra
- Dress/outfit for informal nights on ship
- Dress/outfit for formal nights on ship
- Dress/outfit for casual nights on ship
- Shorts
- Tops of all types (sleeveless, short-sleeved, long-sleeved)
- Capri pants
- Slacks
- Windbreaker jacket
- Sweatshirt
- Evening sweater
- Raincoat with hood

### Sundries and Miscellaneous

- Blow dryer
- Curling iron or curlers
- Comb/brush
- Hair gel
- Hair spray (non-aerosol)
- Shampoo
- Conditioner
- Shower cap
- Bar soap in plastic container
- Deodorant
- Toothbrush
- Toothpaste
- Dental floss
- Mouthwash
- Tweezers
- Make-up mirror
- Make-up and make-up bag(list can be endless!)
- Make-up remover
- Cleanser
- Moisturizer and freshener
- Nail polish and remover
- Nail clippers and file (be sure to pack in checked luggage)
- Razor and shaving cream

## Men's Packing List:

### Clothing

- Underwear (briefs or boxer shorts)
- Undershirts
- Pajamas and robe
- Compression socks (for airplane flight to prevent swollen ankles)
- Exercise/walking socks
- Black dress socks
- Belts
- Gloves and stocking cap(if expect cold weather)
- Walking shoes
- Walking sandals
- Rubber sandals/shoes for reef walking and beach
- Evening or dress shoes
- "Dockside" casual shoes
- Tuxedo jacket and pants (or dark suit)
- Tuxedo tie, suspenders, and cummerbund
- Tuxedo cufflinks/studs
- Sport jacket
- Regular ties
- Tuxedo shirt
- Dress shirts
- Swim suit
- Swim suit cover-up
- Work out clothes/T shirts
- Shorts
- Casual shirts
- Slacks (casual and dress)
- Windbreaker jacket
- Sweatshirt
- Raincoat with hood

### Sundries and Miscellaneous

- Comb/brush
- Shampoo and hair products
- Bar soap in plastic container
- Deodorant
- Toothbrush
- Toothpaste
- Dental floss
- Mouthwash
- Tweezers
- Nail clippers and file (be sure to pack in checked luggage)
- Razor and shaving cream (or electric razor and supplies)